

**Title: Capacity – fundamentals and capacity building**

**Learning Objectives:**

* Understand the **fundamentals and evolution of capacity** building strategies
* Learn how to apply various **capacity building methods**, including AGILE methods
* Develop and implement a **strategic capacity building plan** tailored to your organization

**Learning outcomes:**

Upon completion of this training, you will be ready to:

* select and apply effective capacity building methods, including AGILE approaches
* develop a comprehensive capacity-building plan using strategic planning techniques and practical examples
* implement and sustain capacity-building initiatives, maintaining focus and motivation through continuous reflection and strategic techniques

**Lesson plan**

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| **Time** | **Content** | **Methodology** | **Materials** |
| 9.00 | Welcoming participants  Introducing the trainer, learning outcomes and agenda  Icebreaker | **Presentation**  Slides: 1 - 4  Which verb do you associate with "ccapacity’ building". Type 1 word. | PC, projector.  Mentimeter (app) or similar. |
| 9.15 | Capacity building​ | **Presentation 4**  **Slides 3 – 11**  Fundamentals of Capacity Building;  Approaches have evolved over time;  Capacity Building Strategies | PC, projector. |

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| 9.40 | Discussion | What are up to 3 capacity areas identified by participants within their organisations? |  |
| 9.50 | Capacity building methods | **Presentation 4**  **Slides 12 – 61;**  Capacity building methods;  AGILE methods for capacity building​. | PC, projector. |
| 11.00 | Break |  |  |
| 11.20 | Capacity building plan | **Presentation 4**  **Slides 62 – 64;**  Crafting a Strategic Capacity Building Plan;  Laying the Groundwork for Capacity Enhancement. |  |
| 11.40 | Developing your capacity-building plan (or section) | **Individual work:** Results chain – the logical flow from activities to desired changes | Sheets or online tool |
| 12.40 | Reflection | **Discussion**: What will it take to implement this change? |  |
| 13.00 | Lunch |  |  |
| 14.00 | Brunel capacity building as a continuous process | **Presentation 5**  Capacity Building;  Framework for Capacity Building in Social Enterprises​;  Challenges and Solutions in Capacity Building​ | PC, projector. |
| 14.40 | Practical example | TBC-To be confirmed/decided by trainer. |  |
| 15.00 | Keeping the focus on capacity​ | **Presentation 6**  Strategies for Clear Expectations​;  Techniques to ensure the team's efforts;  Succession Planning and Team Development​; | PC, projector. |
| 15.40 | Reflection | **Discussion**: How to be persistent on change & stay motivated? |  |
| 16.00 | Closure & networking |  |  |

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